

Natural Gas is Methane

Gas stoves are dangerous.

So-called "natural" gas is methane. It's hazardous to your health.

Most methane gas contains benzene, a known carcinogen. **Methane and benzene leak out of gas stoves, even when they are turned off.** Burning methane gas releases nitrous oxides, which can degrade indoor air quality and **trigger respiratory illnesses** as well as damage our climate.

Source: <https://pubs.acs.org/doi/10.1021/acs.est.1c04707>



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Gas stoves contribute to asthma. If you're considering making a change, you'll find that...

There are two major types of electric stoves.



Older electric stoves typically use less-efficient resistance heat, but they are widely available.



Induction stoves use magnets to heat up steel pans. Efficient and powerful, they can boil water faster than gas stoves.

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